

SEMI-STRUCTURED INTERVIEWS OF CAREGIVERS DURING HOME VISITS (PDI)

I- General questions	Answers/comments
1.How many people live in the house ? (eat together)	
2.How many children are there ?, how old are they ? (children under 3)	
3. Do the older children go to school ? (if no) why ?	
4. What do you do for a living ?, the father ?, who else works other family members ?	
5. How long do they work ? (morning ?, evening ?, all day ?, all night ?)	
6. Where do they work?	
7. How much does the family earn per day ?	
8. Does the child accompany you/them? (activity chart)	
9. How do family members eat meals? (together, separately)	
Observations	Comments
House built, size, # of rooms, kitchen area	
Furniture & possessions (assets)	
Fruit trees and building trees (bamboo, palm or nappa, betelnut trees, etc.)	
Animals and poultry	
Others	
Feeding practices (mother)	Answers/comments

<p>1. Are you still breastfeeding this child ? If yes: How often during the day ? at night ?, State common problems with breastfeeding What are your problems? How do you overcome them? if no go to 3.</p>	
<p>2. What food or liquid do you give your child in addition to breastmilk? Problems?, solutions?</p>	
<p>3 When did you start complementary feeding? What complementary food? Problems?, solutions?</p>	
<p>4. How many times a day do you feed your child ?</p>	
<p>5. How much do you give the child at one setting? (have the mother show you with a cup, fingers, spoon, etc..)</p>	
<p>6. How do you feed the child (by hand, with a spoon, child eats by himself, use of a bowl, etc.)</p>	
<p>7. What have you fed your child sofar today? (Get list of specific food and ingredients such as spices, fat (amount), onion, garlic and ginger</p>	
<p>8. How do you cook rice?, what do you do with the rice water?</p>	
<p>9. What will you feed your child this evening ?</p>	
<p>10. Is your child fed by other people? Who? (older siblings, neighbor, etc.) and what do they feed the child?</p>	
<p>11. What do you do when your child does</p>	

not want to eat or has low appetite? Problems? Solutions to overcome problem	
12..In your opinion what food are not good for very young children? Why ?	
13. When your child is sick with diarrhea, do you feed him/her same, more or less food and liquids? Why? Pzproblems? Solutions?	
14. Do you buy snacks for the child outside ?. If yes, What snacks ? From whom (specific street vendor) and why ? Problems? Solutions?	
15. In your household who makes decision about what to eat every day?	
16. Who eats first in your family?, and then who?	
Observations	Comments
Food preparation and processing	
Storage of food (grain, pulses) , food preservation (dried, pickled food)	
Cooking tools	
Child feeding: Active feeding or absence of supervision during feeding or snacking	
Child eating on the ground, picking up food from the ground, close to animals, etc. Child eating by himself, on somebody's lap	
Breastfeeding the child (eye contact or touch, active breastfeeding or indifferent)	

Childcare practices	Answers/comments
1. What kinds of activities does your child most like to do? -Are there any special games or toys your child likes?	
2. Whom does your child like to spend time with? Why?	
3. Are there things your child does not like? Problems/ solutions?	
4. Do mothers play with their children under 1? In what way? Do mothers play with their children 1 to 3? In what way?	
5. When do you play with your child ? and what do you do with him/her?	
6. Beside you, who are the people your child interact with ? what do they do with the child ?	
6. When you are away who looks after your child ? What advice do you give this person ? (safety)	
7. What do you do when your small child is naughty (dirty, breaks something, etc.)	
8. According to you, when can a child: a) hear sounds? b) Smile at someone? c) Say first word ? what? d) Understand “no” e) Walk by himself? f) Grab objects with thumb & fingers? g) First see something? h) Follow a simple instruction? i) Feel happy or sad	
9. Can you help your child walk or talk earlier? How?	

11. What does the father (grandfather, older siblings boys) do for this child?	
10. What makes your child happy?, unhappy?	
13. What do you do when your child is unhappy?	
14. What do you think is the most important thing a child needs ?	
15. What hopes and dreams do you have for this child?	
Observations	Comments
Did the caregiver speak to child? What was said	
Show of affections by caregiver(s) to the child, describe	
Show of responsiveness to child (crying or asking for attention), describe.	
Show of displeasure or scolding. Describe.	
Who were the people with whom the child interacted most during the visit? Describe types of interaction	
How did the child seem to you? Curious/bored, smiling/sad, energetic/lethargic, laughing/whimpering & crying, trusting/afraid	
Did you observe any play activities between the children, with the child? and equipments (homemade or purchased toys)?	

Hygiene practices	Answers/Comments
1. How often do you bathe your child ?, (winter/summer)	
2. How do you toilet train your child ?	
3. What do you use water for ?, problem with accessing water? Solutions?	
4. When do you use soap?	
5. Do you have a latrine? Can I go there?	
6. How do you protect food from flies? Why or why not??	
Observations	Comments
Environmental cleanliness (yard, cooking area, rooms, latrine or pit latrine, tube well pump, etc.) Animals area	
<u>Hygiene around food</u> (food & plates are covered?) and water (drinking container covered, ways of getting drinking water) Describe how cooking & eating utensils are cleaned)	
<u>Body hygiene:</u> Physical appearance of family members Tidy/untidy, clean hands & faces, clothing? Child's appearance (face, hair, fingernails, belly), healthy/unhealthy looking	

<p><u>Hygiene around eating:</u> Washing hands before eating or feeding the child and after feeding child Not allowing the child to pick up food from the ground Cleaning fruit before giving to child</p>	
<p>Health-seeking practices</p>	<p>Answers/Comments</p>
<p>1. When is the last time your child was weighed?</p>	
<p>2. What is the current nutritional status of your child?</p>	
<p>3. What do you do when your child has mild episode of diarrhea?</p>	
<p>4. What kind of illnesses your child has most often ? (ear ache, colds, fevers, worms, tooth-ache, eye problem, etc.)</p>	
<p>5. What do you do when your young child has a cold ?, fever ?, diarrhea ?, cough ?, eye infection ?, earache ?, worms ? (home remedies)</p>	
<p>6. How do you know your child is seriously sick with malnutrition, diarrhea and breathing problems? (danger signs)</p>	
<p>7. What do you do when your child has diarrhea*?</p>	
<p>8. What do you do when your child has difficulty breathing?</p>	
<p>9. Whom do you consult first when your child is sick ?, then whom ?</p>	
<p>10. Who decides what to do when there is a severe health problem at home ?</p>	
<p>11. Do you keep money aside for medical emergencies for your children? How much money do you allocate for sons & for daughters?</p>	
<p>12. What are young children's health problems you are most concerned about ?</p>	

Questions to older sibling caregiver	Answers/comments
1 Do you go to school ?	
2. What do you do besides looking after your younger siblings ?	
3. What do you do with your younger sister/brother ?	
4. What do you do when he/she cries ? get hurt ? is sick ? 5. problems caring for siblings? 6. solutions?	
5. What things do you like to do with your younger brother/sister ? why ?	
6 What things you do not like to do ? why	
7. Do you involve him/her in your games ? why ?	
8. Do you sometimes feed your younger sibling. What and how do you feed the child?	
9. What do you hope for the future ?	
Questions to fathers	Answers/comments
1. How much time do you spend at home with your children?,	
2. What do you do for your young children?	
3. Do you think the mother should be the only caregiver of the young child? Why?	
4. According to you, what are the needs of young children (<3)?	

